

sky draper
age 13
northwood - middlesex
triathlon



athleteprofile

Sky has always enjoyed an active lifestyle and when allied with her innate tenacity and competitiveness this creates a potent racing combination. Her progress so far within the sporting disciplines of running, swimming, athletics and particularly triathlon suggests that with continued support, diligent training and input she has the potential to compete at an elite level.

She has been competing since the age of eight and can count Paula Radcliffe and Chrissie Wellington as two of her admirers. Sky has been dominating the sport all season and was invited to train with the World Programme coaches so they could keep an eye on her and give her some expert advice. She won the Middlesex schools cross country title in February, the Flora London Mini Marathon, the Mazda London Tri, the London Youth Games Aquathlon and the Welsh Triathlon Championships. She was extremely disappointed to finish second at the UK Youth Championships in Hyde Park. Sky came out of the water in 1st, only to discover her bike had been moved. She managed to regain the lead but was then misdirected by a marshal, costing her a huge chunk of time. She rallied again but could not quite overtake the eventual winner.

Sky has worked hard on all three disciplines not least the bike. Even when on a family holiday in the Alps she completed several daunting Tour climbs with her dad including the Col d'Aspin three times, Col de Tourmalet twice, Col de Peyresourde twice, Hautacam and Horquette d'Ancizan.

She trains 5 days a week with 60km sessions on the bike, 2hr swim in the pool or maybe her favourite 4km open water swim. In August, Sky was featured as 'The Young One' in Triathlon Plus magazine.

key achievements

- Member of the London Youth Triathlon Academy
- Middlesex Schools Cross Country – 1st
- ERRA National Young Athletes Road Relays Champion
- Flora Mini Marathon winner 07, 08 & 09
- 2009 Hyde Park Triathlon (UK Youth Champs) – 2nd Youth
- 2009 Mazda London Triathlon - 1st
- 2009 F3 Sprint Triathlon – Dorney Lake – 1st
- 2009 London Youth Games Aquathlon – 1st
- 2009 Welsh Triathlon Championships – 1st Girl (by 2 ½ minutes) 3rd overall
- 2009 Mazda Blenheim Triathlon – Super Sprint – 1st
- 2009 & 2008 British Triathlon London series – Tristar 3 - winner

aims

- The European Youth Triathlon Championships
- Olympic Games

"The grant you have given her has been especially useful given the injury Sky sustained as physiotherapy and the cost of orthotics for her running shoes have been considerable".



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